

Together in the Kitchen



You're invited...

**Dining with KIN
and the Community**



**We Welcome you to be part of our Community Health Day
SATURDAY OCTOBER 7, 2017 FROM 10:00 AM TO 3:00 PM**

What you'll do...

Make Healthy Dishes | Talk About Healthy Choices
Get a Blood Pressure Screening | Speak with a Nutritionist

Location:

The Rhonda D. Wright Family Center of A Second Chance, Inc.
(Entrance In The Rear)
8384 Frankstown Avenue | Pittsburgh, PA 15221

This event is FREE and is sponsor by:



Please confirm with one of the following phone numbers to better serve you:
June Smith at 412.719.6324 or Esmirna Matos at 412.977.5821

Let's eat healthy and together!