

# Together in the Kitchen



*You're invited...*

**Dining with KIN  
and the Community**



**We Welcome you to be part of our Community Health Day  
SATURDAY OCTOBER 7, 2017 FROM 10:00 AM TO 3:00 PM**

**What you'll do...**

**Make Healthy Dishes | Talk About Healthy Choices  
Get a Blood Pressure Screening | Speak with a Nutritionist**

**Location:**

**The Rhonda D. Wright Family Center of A Second Chance, Inc.  
(Entrance In The Rear)  
8384 Frankstown Avenue | Pittsburgh, PA15221**

**This event is FREE for Wilkinsburg residents and is sponsor by:**



**Please confirm with one of the following phone numbers to better serve you:  
June Smith at 412.719.6324 or Esmirna Matos at 412.977.5821**

***Let's eat healthy and together!***